

### 3. 2009 MEDICAL PREMIUM RATES

The State of Iowa/Iowa State University pays the full cost of your coverage if you are an employee with single coverage. If you choose family coverage, the State pays the majority of the premium and you pay the remainder as listed below. If you make a change in your medical plan coverage, it will be effective with the new plan year, which is January 1, 2009 to December 31, 2009.

#### **Double Spouse Option**

If both spouses are actively employed by Iowa State University or the State of Iowa in positions that make them eligible for benefits, they may elect to enroll in a family plan designating one spouse as the contract holder. This double spouse option allows sharing the family premium. If your State of Iowa spouse changes insurance plans, please communicate with the ISU Benefits Office.

Are you currently enrolled in the double spouse option and would like to make a plan election change? The new plan election must be changed on both employee records.

If you believe you are eligible and need to discuss eligibility or are making a plan election change, please contact the Benefits Office for appropriate forms.

These family rates are for active employees and Early Retirement Incentive participants only. Rates for participants who are disabled, retired, or covered by COBRA are mailed to those participants.

#### **Managed Care Plans**

If you are enrolled in Blue Access or Blue Advantage, you may now receive services from participating providers in Douglas and Sarpy Counties in Nebraska as well as Children's Hospital in Omaha. In northwestern Iowa, the plans include participating facilities in South Dakota. In the Quad Cities, you may go to participating providers with the Genesis Health System or the Iowa Health System-Trinity. See page 13 for a full list of counties participating in Blue Access or Blue Advantage. REMINDER: It is your responsibility to ensure that providers you seek services from are a part of the managed care network for the health plan in which you are enrolled. Services received from non-participating providers will NOT be paid by the insurance carrier.

<b>Family Monthly Premium – Your Portion Effective January 1, 2009</b>	
	<b>MONTHLY FAMILY PREMIUM</b>
Program 3 Plus	\$230.38
Iowa Select (PPO)	\$224.96
<b>Managed Care Plans</b>	
<b>Primary Care Plan</b>	
Blue Advantage	\$0.00
<b>Open Access Plan</b>	
Blue Access	\$0.00