

Benefit Providers Web Access Information

The following is a list of web sites and telephone numbers associated with your benefits:		
University Human Resources Service Center 515 Morrill Road 3810 Beardshear Hall	515-294-4800 / 877-477-7485	Navigation on the Benefits page: To On this page, click on your employment classification – Post-Doctoral Associate classification for each benefit category
CERTIFICATES OF COVERAGE	http://www.hrs.iastate.edu/hrs/benefits Under each employment classification click on the “Health” or “Dental” line to find the certificates.	
HEALTH PLANS	<i>Register on-line as member for access to claims information.</i>	
Web/phone to find/call for participating Physician Information.		
Wellmark BC/BS of Iowa – Iowa or National site for Nationwide search for providers.		
<ul style="list-style-type: none"> • Click on “Find a Doctor or Hospital” link • Click on “Doctors (Iowa, South Dakota & bordering counties)” • For information on care outside of Iowa, click on “National Providers” • For information on care outside of the U.S., click on “International Providers” 		
Alliance Select (PPO)	800-494-4478	www.wellmark.com
Blue Advantage (HMO)	800-494-4478	www.wellmark.com
PHARMACY BENEFIT MANAGER		
<i>Register as a member for access to retail claims information and begin mail order.</i>		
Express Scripts	800-987-5248	http://www.expressscripts.com
Summary of Benefits & Coverage Printed copies are available by request		
http://www.hrs.iastate.edu/hrs/benefits – Under Post-Doctoral Associate classification click on “Health” line to find the Summary of Benefits & Coverage.		
DENTAL PLAN	<i>Register as a subscriber to access your dental insurance information and request electronic explanation of benefits.</i>	
Delta Dental of Iowa	800-544-0718	www.deltadentalia.com Call or access Delta website for <ul style="list-style-type: none"> • Participating dentist directory – Search under the Delta Dental Premier Plan. • Access your dental insurance information, • Request electronic explanation of benefit

<p>GROUP SUPPLEMENTAL RETIREMENT PLANS</p>		<p>TIAA - www.tiaa-cref.org or call 800-842-2776 or the Ames Office at 866-904-7803 / 515-268-8600</p> <p>VALIC –contact agent at 800-448-2542</p> <p>METLIFE – contact Adam Wolff – awolff@metlife.com or call 800-492-3553</p> <p>AMERIPRISE FINANCIAL – contact Richard Keeling – Richard.j.keeling@ampf.com or call 515-233-5402</p>
<p>RETIREMENT BENEFIT</p>		<p>IPERS - www.ipers.org or call 800-622-3849</p>
<p>EMPLOYEE ASSISTANCE PROGRAM (EAP)</p>	<p>800-327-4692 OR Des Moines 515-844-6090</p>	<p>EFR Workplace Services www.efr.org/wps/eap</p>
<p align="center">VENDOR VALUE-ADDED SERVICES</p>		
<p>WELLMARK – BLUE 365</p>		<p>http://www.wellmark.com/Members/UsingBenefits/Blue365.aspx</p>
<p>DELTA DENTAL – Vision Discount Program</p>		<p>Delta Dental also includes a vision discount program through EyeMed click on: www.deltadentalia.com</p> <ul style="list-style-type: none"> • Member Tab • Then Vision Discount